

Where to find information on eating fish safely:

California Office of Environmental Health Hazard Assessment (OEHHA)

<http://www.oehha.ca.gov/fish.html>

Map of California showing areas with fish consumption advisories

Safe eating guidelines for the areas listed on the map

http://www.oehha.ca.gov/fish/so_cal/index.html

OEHHA answer line at (510) 622-3200.

Contra Costa County Public Health Department

Interim Health Advisories for San Pablo and Lafayette Reservoirs

http://www.cchealth.org/topics/warnings/central_county_fish.php

UC Cooperative Extension office-Contra Costa County

Call 925-646-6540 and ask for the Nutrition Advisor. Leave a message with the fishing area you need information on and provide your return contact phone number or email.

